

ORDER OF THE PLACER COUNTY HEALTH OFFICER INSTRUCTING INDIVIDUALS TO CONTINUE TO SHELTER AT THEIR PLACE OF RESIDENCE, RESTRICTING AND CLARIFYING NON-ESSENTIAL ACTIVITIES, REVISING AND CLARIFYING ESSENTIAL BUSINESS ACTIVITIES, AND REQUIRING ESSENTIAL BUSINESSES TO IMPLEMENT PHYSICAL DISTANCING PROTOCOLS IN RESPONSE TO COVID-19 OUTBREAK

DATE OF ORDER: April 10, 2020

Please read this Order carefully. Your compliance with this Order is necessary to slow the spread of Coronavirus Disease (COVID-19).

Purpose of Order:

The intent of this Order is to slow the spread of COVID-19 in Placer County by having people shelter in their place of residence (another way of saying stay home), while enabling essential services to continue. When people need to leave their places of residence to obtain or perform vital services or to conduct activities necessary for continuity of social and commercial life, they should maintain a distance of six feet from other persons. All individuals, businesses, and government agencies in Placer County are required to follow this Order. Failure to comply with the provisions of this Order constitutes a threat to public health and may be punished by fine, imprisonment, or both.

This Order replaces the March 19, 2020 Directive of the Health Officer to stay at home. It clarifies, strengthens, and extends the terms of the previous Directive to reduce person-to-person contact and increase physical distancing in order to further slow transmission of COVID-19. Where a conflict exists between this Order and any state public health order related to the COVID-19 pandemic, the most restrictive provision applies.

Reasons for Order:

This Order is issued based on increasing occurrence of cases of COVID-19 within Placer County, scientific evidence regarding COVID-19, and best practices regarding the most effective approaches to slow the transmission of communicable diseases generally, and COVID-19 specifically. There is also evidence that the health condition and older age of many Placer County residents places them at risk for serious health complications, including death, from COVID-19. Due to the outbreak of the virus that causes COVID-19, there is a public health emergency throughout the United States, California, and Placer County.

COVID-19 is difficult to contain because many individuals who contract the virus have mild symptoms or no symptoms, which means they may not be aware they carry the virus. Because evidence shows the disease is easily spread, gatherings can result in preventable transmission of the virus. The scientific evidence shows that at this stage of the emergency, it remains essential to continue to slow virus

transmission as much as possible to protect the most vulnerable and to prevent the health care system from being overwhelmed. One proven way to slow the transmission is to limit physical interactions among people as much as possible. Extending and strengthening the restrictions in the previous Directive is necessary to further reduce the spread of COVID-19. Clarifying the restrictions in the previous Directive will increase compliance by reducing confusion. By reducing the spread of COVID-19, this Order helps preserve critical and limited health care capacity in Placer County.

As of 10 a.m. on April 10, 2020, there are 123 confirmed cases of COVID-19 in Placer County, including 4 individuals who died of the disease. There are significant numbers of confirmed cases and deaths in surrounding counties, including 653 cases and 24 deaths in Sacramento County. This public health emergency has substantially worsened since the Directive was issued on March 19, with a significant increase in the number of positive cases, hospitalizations, and deaths in Placer County and the greater Sacramento region. This Order is necessary to slow the rate of spread and the Health Officer will re-evaluate the Order as further data becomes available.

This Order comes after the release of substantial guidance from the County Health Officer, the Centers for Disease Control and Prevention (CDC), the California Department of Public Health, and other public health officials throughout the United States and around the world, including a variety of prior guidance and orders to combat the spread and harms of COVID-19. The Health Officer will continue to assess the quickly evolving situation and may modify or extend this Order, or issue additional Orders, related to COVID-19.

Authority for Order:

The Health Officer of Placer County is issuing this Order under the authority granted by the California Health and Safety Code, Sections 101040, 101085, 120175, and 120175.5.

Details of Order:

1. All individuals currently living within Placer County, including its incorporated cities and town, and the entire unincorporated area, are directed to shelter at their place of residence. This means stay home.
 - a. In addition to homes and apartments, residences include hotels, motels, shared rental units, and similar facilities.
 - b. If a residence includes spaces shared with other households, such as a common patio, laundry room, or lobby, persons should stay at least six feet from any other person when using these spaces.
 - c. Individuals experiencing homelessness are exempt from this section of the Order, but are strongly urged to obtain shelter, and governmental and other entities are strongly urged to make such shelter available while

maintaining six feet of spacing between persons.

2. All persons may leave their residences only to perform Essential Activities, to receive or perform Essential Governmental Functions, or to operate Essential Businesses, as defined below.
3. People at high risk of severe illness from COVID-19 and people who are sick should stay in their residence and limit their activity to seeking medical care.
4. All public and private gatherings of any number of people not part of a single household or living unit are prohibited, except for the limited purposes listed in this Order.
5. All businesses with a facility in the County, except Essential Businesses as defined below, are required to cease activities at facilities located within the County except Minimum Basic Operations, as defined below. Businesses may continue operations consisting exclusively of owners, employees, volunteers, or contractors working from home. All Essential Businesses are strongly encouraged to remain open, but to maximize the number of employees working remotely. Essential Businesses may only assign an employee to work outside the home if the employee cannot perform their job duties from home. All Essential Businesses shall prepare, post, and implement a Physical Distancing Protocol at each of their operating facilities. Businesses that include an Essential Business component alongside non-essential components must scale down their operations to the Essential Business component only.
6. All travel, including, but not limited to, travel on foot, bicycle, scooter, motorcycle, automobile, or public transit, except Essential Travel as defined below, is prohibited. People may use public transit only for purposes of performing Essential Activities or to travel to and from work to operate Essential Businesses or maintain Essential Governmental Functions. People riding on public transit must maintain six feet of space between others, to the greatest extent feasible. This Order allows travel into or out of the County to perform Essential Activities, operate Essential Businesses, maintain Essential Governmental Functions, or perform Minimal Basic Operations at non-essential businesses.
7. All individuals shall maintain good hand hygiene and respiratory etiquette, along with physical distancing. This includes the following:
 - a. Maintaining at least 6 feet of physical distance from others not in their household, except to the limited extent necessary to provide care; to carry out the work of Essential Businesses, Essential Government Functions, or provide for Minimum Basic Operations; or as otherwise expressly provided in this Order.
 - b. Frequently washing hands with soap and water for at least 20 seconds, or using hand sanitizer containing at least 60% alcohol;

- c. Covering coughs and sneezes with a tissue or fabric, or into the sleeve or elbow;
- d. Consider wearing a face covering when outside their residence and it is not possible to maintain 6 feet of physical distance from others; and
- e. Avoiding all physical interaction outside the household when sick with a fever or cough.

Definition of Essential Activities:

Essential Activities include:

1. Maintaining the **health and safety** of oneself and their family or household members (including pets). This includes, but is not limited to, obtaining medical supplies or medication, or visiting Health Care Operations.
2. Obtaining **necessary services or supplies** for oneself and their family or household members, or delivering those services or supplies to others. This includes, but is not limited to, obtaining canned food, dry goods, fresh fruits and vegetables, pet supplies, fresh meats, fish, and poultry, other household consumer products, and products necessary to maintain the safety, sanitation, and essential operation of residences.
3. Engaging in **outdoor recreation activity**, such as walking, hiking, bicycling, or running, provided six feet of spacing is maintained between people who are not members of the same household and with the following limitations:
 - a. Outdoor recreation activity at parks, beaches, and other open spaces must conform with any restrictions of access and use established by the Health Officer, government, or other entity that manages such an area to reduce crowding and risk of transmission of COVID-19.
 - b. Use of recreational areas with high-touch equipment or that encourage gathering is prohibited outside of residences. These include, but are not limited to, playgrounds, outdoor gym equipment, picnic areas, dog parks, and barbeque areas. All such areas shall be closed to the public by signage and/or physical barriers.
 - c. Use of shared facilities for recreational activities outside of residences is prohibited. These include, but are not limited to, golf courses, tennis, pickleball, basketball, and volleyball courts, climbing walls, pools, spas, shooting and archery ranges, and disc golf. These areas shall be closed for recreational use by signage and/or physical barriers.
 - d. Sports or activities that involve the use of shared equipment, such as balls, may only be engaged in by members of the same household.
4. Performing **work providing essential products and services at an Essential Business** or to otherwise carry out activities specifically permitted in this Order, including Minimum Basic Operations.
5. **Caring for a family member** or pet in another household.
6. **To attend a funeral** with no more than 10 individuals present.

7. **To move residences**, but only if it is not possible to defer an already planned move, the move is necessary for health and safety reasons, or the move is necessary to remain housed, or retain employment.

Definition of Essential Businesses:

Essential Businesses include:

1. Health Care Operations and Essential Infrastructure, as defined below;
2. Blood donation and related activities;
3. Grocery stores, certified farmers' markets, farm and produce stands, supermarkets, food banks, convenience stores, and other establishments engaged in the retail sale of unprepared food, canned food, dry goods, non-alcoholic beverages, fresh fruits and vegetables, pet supply, fresh meats, fish, and poultry, as well as hygienic products and household consumer products necessary for personal hygiene or the habitability, sanitation, and operation of residences. This includes stores that sell multiple categories of products provided that they sell a significant amount of essential products identified above, such as liquor stores that also sell a significant amount of food.
4. Agriculture, food, and beverage cultivation, processing, and distribution, including, but not limited to, farming, ranching, fishing, milk and cheese production, winemaking, and brewing of beer and cider, in order to preserve inventory and production and for the wholesale or retail sale of such products. On-site consumption at wineries and breweries is not allowed under this Order.
5. Businesses that provide food, shelter, and social services, and other necessities of life for economically disadvantaged or otherwise needy individuals;
6. Newspapers, television, radio, and other media services;
7. Gas stations and auto-supply, auto-repair, and related facilities, including automotive dealerships, but only for the purpose of providing auto-supply and auto-repair services, and not for car sales or car washes. Online purchases of automobiles is allowed if they are delivered to a residence or Essential Business;
8. Bicycle repair and supply shops;
9. Banks and related financial institutions;
10. Service providers that enable residential transactions such as rentals, leases, and home sales, including, but not limited to, real estate agents, escrow agents, notaries, and title companies, provided that appointments and residential viewings occur only virtually. If a virtual viewing is not feasible, viewings may occur by appointment with no more than two visitors who reside in the same household and one individual showing the unit at a time, and only if the unit is vacant;
11. Hardware stores;

12. Plumbers, electricians, exterminators, and other service providers who provide services that are necessary to maintaining the habitability, sanitation, and operation of residences and Essential Businesses. This does not include cosmetic or other purposes;
13. Arborists, landscapers, gardeners, and similar service professionals, but only to the extent necessary to maintain the habitability, sanitation, and operation of residences and Essential Businesses or the safety of residents, employees, or the public, and not for cosmetic purposes. Routine maintenance such as lawn mowing is cosmetic and therefore non-essential under this Order;
14. Businesses providing mailing and shipping services, including post office boxes;
15. Educational institutions—including public and private K-12 schools, colleges, and universities—for purposes of facilitating distance learning or performing essential functions, provided that social distancing of six feet per person is maintained to the greatest extent possible;
16. Laundromats, dry cleaners, and laundry service providers;
17. Restaurants and other facilities that prepare and serve food, but only for delivery or carry out. Schools and other entities that typically provide free food services to students or members of the public may continue to do so under this Order on the condition that the food is provided to students or members of the public on a pick-up and take-away basis only. Schools and other entities that provide food services under this exemption shall not permit the food to be eaten at the site where it is provided, or at any other gathering site;
18. Funeral home providers, mortuaries, cemeteries, and crematoriums, to the extent necessary for the transport, preparation, or processing of bodies or remains;
19. Businesses that supply other Essential Businesses with the support or supplies necessary to operate, but only to the extent that they support or supply these Essential Businesses. This exemption shall not be used as a basis for engaging in sales to the general public from retail storefronts;
20. Businesses that have the primary function of shipping or delivering groceries, food, or other goods directly to residences or businesses. This exemption shall not be used to allow for manufacturing or assembly of non-essential products or for other functions besides those necessary to the delivery operation;
21. Firearm and ammunition retailers;
22. Airlines, taxis, rental car companies, rideshare services, and other private transportation providers providing transportation services necessary for Essential Activities and other purposes expressly authorized in this Order;
23. Home-based care for seniors, adults, or children;
24. Residential facilities and shelters for seniors, adults, and children;
25. Professional services, such as legal, notary, or accounting services, when necessary to assist in compliance with legally mandated activities;
26. Services to assist individuals in finding employment with Essential Businesses;

27. Moving services that facilitate residential or commercial moves that are permitted under this Order;
28. Childcare facilities providing services that enable owners, employees, volunteers, and contractors for Essential Businesses or Essential Governmental Functions to work as permitted. Children of owners, employees, volunteers, and contractors who are not exempt under this Order may not attend childcare facilities. Childcare facilities must operate under the following conditions:
 - a. Childcare must be carried out in stable groups of 12 or fewer (stable means that the same children are in the same group each day).
 - b. Children shall not change from one group to another.
 - c. If more than one group of children is cared for at one facility, each group shall be in a separate room. Groups shall not mix with each other.
 - d. Childcare providers shall remain solely with one group of children.
 - e. Persons should remain six feet apart whenever feasible.
29. Long-term rentals for periods of one month or longer for existing rentals and for rentals accommodating moves permitted by this Order. Short-term rental units (as defined in County Code) are not permitted to operate for commercial purposes and may continue to operate only for the following limited purposes:
 - a. To provide COVID-19 mitigation and containment measures (for example, isolation and quarantine or the housing of displaced or homeless persons)
 - b. To provide housing for owners, employees, volunteers, and contractors of Essential Businesses, individuals providing Essential Infrastructure services, and persons performing Essential Governmental Functions.

For the purposes of this Order, a business includes any for-profit, non-profit, or educational entity, whether a corporate entity, organization, partnership or sole proprietorship, regardless of the nature of the service it provides, the function it performs, or its corporate or entity structure.

All Essential Businesses must prepare and post a Physical Distancing Protocol no later than 11:59 p.m. on April 13 for each of their facilities in the County frequented by the public or employees. The Physical Distancing Protocol must follow the format of the form in Appendix A of this Order. The Protocol must be posted at or near the entrance of the relevant facility, and shall be easily viewable by the public and employees. A copy of the Protocol must also be provided to each employee, volunteer, and contractor performing work at the facility. All Essential Businesses shall implement their Protocol and provide evidence of implementation upon request to any authority enforcing this Order. The Protocol must explain how the business is achieving the following, as applicable:

1. Limiting the number of people who can enter into the facility at any one time to ensure that people in the facility can easily maintain a minimum 6-

- foot distance from one another at all times, except as required to complete the Essential Business activity;
2. Where lines may form at a facility, marking 6-foot increments at a minimum, establishing where individuals should stand to maintain adequate physical distancing;
 3. Providing soap and water, hand sanitizer, or effective disinfectant at or near the entrance of the facility and in other appropriate areas for use by customers and employees, and in locations where there is high-frequency employee interaction with members of the public, such as at check-out;
 4. Providing for payment systems that do not require contact, or if this is not feasible, providing for disinfection of all payment portals, pens, and styluses after each use;
 5. Regularly disinfecting other high-touch surfaces;
 6. Posting a sign at the entrance of the facility informing all employees and customers that they should not enter if they have a cough or fever, should stay at least 6 feet away from others, should cough or sneeze into their sleeve, should not shake hands, and should not engage in any unnecessary physical contact; and
 7. Any additional physical distancing measures being implemented.

Definition of Minimum Basic Operations:

Minimum Basic Operations include the following, provided that employees comply with six-foot spacing between persons while carrying out such operations whenever feasible:

1. The minimum necessary activities to maintain and protect the value of the business's inventory, ensure security, safety, and sanitation, process payroll and employee benefits, or for related functions.
2. The minimum necessary activities to facilitate owners, employees, and contractors of the business being able to continue to work remotely from their residences and to ensure that the business can deliver its service remotely.

Definition of Health Care Operations:

Health Care Operations include hospitals, clinics, dentists, pharmacies, pharmaceutical and biotechnology companies, other healthcare facilities, health care suppliers, home health care services providers, mental health providers, public health, or any related and/or ancillary health care services. Health Care Operations also include veterinary care and all health care services provided to animals. Health Care Operations does not include fitness and exercise gyms and similar facilities, nor does it include barbering, the beauty industry, and grooming of pets for cosmetic purposes.

Definition of Essential Infrastructure:

Essential Infrastructure includes, but is not limited to, public works construction; construction of housing (in particular affordable housing or housing for individuals

experiencing homelessness); construction of commercial buildings already underway at the time of this Order; construction and maintenance of hospitals, medical service buildings, and educational facilities; emergency repair construction; airport operations; water, sewer, gas, and electrical operations; oil refining; operation and maintenance of roads and highways; public transportation; solid waste collection and removal; and the operations and maintenance of internet and telecommunications systems (including the provision of essential global, national, and local infrastructure for computing services, business infrastructure, communications, and web-based services); provided that they carry out those services or that work while maintaining six feet of distance between persons whenever feasible.

Definition of Essential Governmental Functions:

Essential Government Functions are defined by the governmental entity performing those functions. Each governmental entity shall identify and designate appropriate employees or contractors to continue providing and carrying out any Essential Governmental Functions. All Essential Governmental Functions shall be performed in compliance with six-foot social distancing requirements whenever feasible. All first responders, emergency management personnel, emergency dispatchers, court personnel, and law enforcement personnel, and others who need to perform essential services are categorically exempt from this Order to the extent they are performing those Essential Government Functions. In addition, all Brown Act meetings of the legislative body, as defined in the Brown Act, of all public agencies within Placer County are deemed Essential Governmental Functions and are categorically exempt from this Order. Legislative bodies should consider implementation of remote attendance measures when feasible in light of waived Brown Act requirements as a result of the Governor’s Executive Orders.

Definition of Essential Travel:

Essential Travel includes travel for any of the following purposes, and must comply with six-foot spacing between persons:

1. Any travel related to the provision of or access to Essential Activities, Essential Governmental Functions, Essential Businesses, or Minimum Basic Operations.
2. Travel to care for elderly, minors, dependents, persons with disabilities, or other vulnerable persons.
3. Travel to or from educational institutions for purposes of receiving materials for distance learning, for receiving meals, and any other related services.
4. Travel to return to a place of residence from outside the County.
5. Travel required by law enforcement or court order.
6. Travel required for non-residents to return to their place of residence outside the County. Individuals are strongly encouraged to verify that their transportation out of the County remains available and functional prior to commencing such travel.
7. Travel to manage after-death arrangements and burial.
8. Travel to arrange for shelter or avoid homelessness.

9. Travel to avoid domestic violence or child abuse or neglect.
10. Travel for parental custody arrangements.
11. Travel to a place to temporarily reside in a residence or other facility to avoid exposing others to COVID-19, such as to a hotel or other facility provided by a governmental authority for such a purpose.

This Order goes into effect at 11:59 p.m. on April 10, 2020 and will continue to be in effect until 11:59 p.m. on May 1, 2020, or until it is extended, rescinded, superseded, or amended in writing by the Health Officer.

Copies of this Order shall promptly be: (1) posted at the County Administrative Center located at 175 Fulweiler Avenue, Auburn, CA 95603; (2) posted on the County's website (www.placer.ca.gov/coronavirus/Guidance); and (3) provided to any member of the public requesting a copy of this Order by calling Placer County Public Health at (530) 886-5310.

IT IS SO ORDERED:

Aimee Sisson, MD, MPH
Placer County Health Officer

Dated: April 10, 2020

Attachments: Appendix A – Physical Distancing Protocol

Appendix A: Physical Distancing Protocol

Business Name:

Facility Address:

Approximate gross square footage of space open to the public: ft²

Businesses must implement all applicable measures listed below and be prepared to explain why any measure that is not implemented is not applicable to the business.

When completing this form, mark all checkboxes applicable to the facility.

Signage

- Place a sign at each public entrance of the facility to inform all employees and customers that they should: avoid entering the facility if they have a cough or fever; maintain a minimum six-foot distance from one another; sneeze and cough into a cloth or tissue or, if not available, into one's elbow; not shake hands or engage in any unnecessary physical contact, and wear a face covering.
- Post a copy of this Physical Distancing Protocol at each public entrance to the facility.

Measures to Protect Employee Health

- Everyone who can carry out their work duties from home has been directed to do so.
- All employees have been told not to come to work if sick.
- Symptom checks are being conducted before employees may enter the work space.
- All desks or individual work stations are separated by at least six feet.
- Break rooms, bathrooms, and other common areas are being disinfected frequently, on the following schedule:
 - Break rooms:
 - Bathrooms:
 - Other:
- Disinfectant and related supplies are available to all employees at the following location(s):
- Hand sanitizer effective against COVID-19 is available to all employees at the following location(s):

- Soap and water are available to all employees at the following location(s):

 - Encourage employees and customers to wear a face covering that covers the nose and mouth at all times when in the facility. Provide such face coverings to employees if needed.
 - Copies of this Protocol have been distributed to all employees.
 - Optional—Describe other measures:
-

Measures to Prevent Crowds from Gathering

- Limit the number of customers in the facility at any one time to [insert maximum number here], which allows for customers and employees to easily maintain at least six-foot distance from one another at all practicable times.
 - Post an employee at the door to ensure that the maximum number of customers in the facility set forth above is not exceeded.
 - Placing per-person limits on goods that are selling out quickly to reduce crowds and lines. Explain:
 - Optional—Describe other measures:
-

Measures to Keep People at Least Six Feet Apart

- Placing signs outside the store reminding people to be at least six feet apart, including when in line.
- Placing tape or other markings at least six feet apart in customer line areas inside the facility and on sidewalks at public entrances with signs directing customers to use the markings to maintain distance.
- Separate order areas from delivery areas to prevent customers from gathering.
- All employees have been instructed to maintain at least six feet distance from customers and from each other, except employees may momentarily come closer when necessary to accept payment, deliver goods or services, or as otherwise necessary.
- Optional—Describe other measures:

Measures to Prevent Unnecessary Contact

- Preventing people from self-serving any items that are food-related.
 - Lids for cups and food-bar type items are provided by staff and not available for self-service.
 - Bulk-item food bins are not available for customer self-service use.
- Not permitting customers to bring their own bags, mugs, or other reusable items.
- Providing for contactless payment systems or, if not feasible, sanitizing payment systems regularly. Describe:
- Optional—Describe other measures (e.g., providing senior-only hours):

Measures to Increase Sanitization

- Disinfecting wipes that are effective against COVID-19 are available near shopping carts and shopping baskets.
- Employee(s) assigned to disinfect carts and baskets regularly.
- Hand sanitizer, soap and water, or effective disinfectant is available to the public at or near the entrance of the facility, at checkout counters, and anywhere else inside the store or immediately outside where people have direct interactions.
- Disinfecting all payment portals, pens, and styluses after each use.
- Disinfecting all high-contact surfaces frequently.
- Optional—Describe other measures:

* Any additional measures not included here should be listed on separate pages, which the business should attach to this document.

You may contact the following person with any questions or comments about this Protocol:

CONTACT NAME:

CONTACT PHONE: